

Top Three Reasons to Visit Jamaica this Valentine's Day

Jamaica is the place for romance, with postcard sceneries of stunning waterfalls, rolling mountains, wide stretches of white-sand beaches and a warm tropical breeze.

Easy to get to with flights from most major gateways, Jamaica is beckoning couples to escape to the Home of All Right and experience the island's most alluring qualities. From Aphrodisiacs to Private Villas, Jamaica Brings Romance. Visitors seeking a memorable Valentine's Day should explore the island's adventurous side, get a taste for its tempting flavors and be pampered at one of its many hotels or villas. Adventures built for two. The Martha Brae River provides the ultimate opportunity for relaxation. Two people can sit pretty on a bamboo raft while they glide along, catching all the sights at the edges of the tropical river banks. Originally used to transport produce such as bananas to various markets, the rafts are now used for guests who want to experience Jamaica's natural landscape in style. The Lover's Rock Catamaran Cruise by Island Routes Caribbean Adventures, invites visitors across the island to sail off into the sunset on a romantic cruise. Delectable appetizers and exotic cocktails will be served and classic reggae beats will play as the vessel makes its way along the coastline. To book, visit www.islandroutes.com. Dolphin Cove, one of Jamaica's most popular adventure activity, offers an experience of a lifetime—swimming with dolphins. Dolphin interactions range from kissing one dolphin in shallow water to interacting in deeper water with one or two dolphins. Couples can take a whole day at the park, which includes strolling through the Nature Trail and feeding free-flying lovebirds in a large bird aviary. To book, visit <http://dolphincoveja.com>.

Desirable menus Jamaica has a number of natural aphrodisiacs in its diverse cuisine. Mannish Water is a goat soup which is also known as "party soup," the soup that men love to eat due to its aphrodisiacal effect. Couple can try this delicious soup on Valentine's Day at local restaurants including Ultimate Jerk Centre in Discovery Bay and Faith's Pen in Ocho Rios. Jamaica's own Appleton Rum is one of the Caribbean's best, and can be considered an aphrodisiac. Known for its iconic orange and chocolate and nutmeg notes, Appleton Rum is available at most hotels, restaurants and bars. Lovers can sip this premium rum, and even take a few duty-free bottles home for later. Couples can go on a tour together at Appleton Estate in St. Elizabeth, and see the lush environment in which the rum's main component, sugar, is grown.

Places to Indulge From intimate hideaways to flamboyant luxury retreats, Jamaica has a wide variety of accommodations to suit every type of couple. With many hotels from which to choose, visitors will be able to find a great Valentine's Day Deal. Some deals include: Round Hill Hotel and Villas — "The One Love at Round Hill Package" includes round-trip airport transfer from Sangster International Airport in Montego Bay, chocolate covered fruits on arrival, breakfast in bed on the first morning, couples massage, free Wi-Fi, kayaking, paddle boats and scheduled glass bottom boat ride. Offer starts at \$529 per couple per night, with a minimum stay of three nights. Book by August 31, 2015. For more information, visit www.roundhill.com. Jakes Hotel — "This Toast to Love" offer includes any couples' full body treatment and two complimentary glasses of champagne. The colorful, thatch-roofed buildings, comfortable lounging decks and fantastic oceanfront views make Jakes feel like a cloistered haven in the midst of an offbeat nirvana. Rates for a two-person stay in a one-bedroom villa start at \$115. Book a stay and massage at jakeshotel.com. Sunset at the Palms, Negril — "The Romantic Winter Escape" package includes a 40% savings on all-inclusive accommodations. For travel February 3, 2015 through April 11, 2015, rates start at \$226 per person per night based on double occupancy with a minimum five-night stay required. Upgrade a stay with "Romance at Sunset" that includes a guaranteed room category upgrade, fresh flowers, bottle of sparkling wine, private four-course dinner for two with white glove service in a location of choice along with a "his and hers" 45-minute massage. Package price \$299 per couple. To book, please visit: www.sunsetresortsjamaica.com. For more information on what to do, where to eat and where to stay in Jamaica for Valentine's Day, go to www.visitjamaica.com.