Relax and Rejuvenate with a Romantic Retreat to Jamaica

As chilly temperatures sweep the U.S., couples can take the opportunity to warm up in Jamaica where there's the carefree decision of doing as much or as little as they'd like.

Couples can indulge in the ultimate secluded getaway, with a visit to Port Antonio where tropical beaches such as Frenchman's Cove seem to spring enchantingly from a lush forest. There's also The Caves in Negril, a secluded hotel built directly into mysterious caves where couples can dine or relax for a massage.

Montego Bay and Ocho Rios offer attractions including cultural tours through historic Great Houses, active escapes like golf or a game of cricket, soft adventure excursions to zip-line through forest filled mountains, horseback ride into the ocean, swim with dolphins and mountain biking – to name a few.

With more attraction choices than any other English speaking Caribbean country, Jamaica is ripe with choices for a romantic getaway. Couples can even take the "leap" off the cliffs in Negril, where visitors and locals alike spend hours "lyming" with entertainment, and of course, sipping Jamaican cocktails.

"One can always find a reason to travel to Jamaica, especially February for Valentine's Day," said Director of Tourism at the Jamaica Tourist Board, John Lynch. "With tropical weather year round, there are a myriad of choices that allow couples to have experiences that are budget-friendly, extravagant and everything inbetween. Jamaica is ideal for lovers. "

Jamaica's accommodations range from all-inclusive resorts, intimate inns, and lush private villas to luxurious boutique properties. Whether travelers are budget conscious or wanting an upscale experience, Jamaica has a variety of accommodation types to choose from.

For Valentine's Day, below are packages from a sampling of hotels in Jamaica.

Round Hill Hotel and Villas is providing a One Love Romance Package. For a minimum three night stay minimum, couples will receive breakfast in bed, a couples massage, chocolate covered fruits and private round-trip airport transfers, all starting at \$439 per person per night. Valid for travel January 5 to December 16, 2014. To book, please visit www.roundhill.com or call (876) 956-7050.

Grand Palladium Jamaica & Lady Hamilton is offering a Valentine's Day beachfront romantic getaway sale in Montego Bay. The package offers: including 15 percent off of all spa treatments, an in-room fresh fruit basket upon arrival, free late check-out (upon availability), personalized rum bottle in-room, 35 percent off for a moonlight romantic dinner and a bottle of wine per couple. Starting at \$208 per person per night in double occupancy with all taxes, meals and extras included. Romantic runaways should book by January 8th through www.palladiumhotelgroup.com.

The Oasis at Sunset is offering a Romantic Escape package including a stroll on the private beach, complimentary his and her massages and a bottle of sparkling wine in room with tropical fruits dipped in chocolate on Valentine's Day. Book by January 15, 2014 on http://theoasisjamaica.com/specials/ with promotional code: RMCE2014. Rates starting at \$202 per person per night based on double occupancy in a Junior Suite and includes room taxes, gratuity and round trip airport transfers. A five night minimum stay is required.

Sunset at the Palms Resort is offering an adults-only Romantic Escape for Valentine's Day. Couples will receive a complimentary his and her massage, nightly turndown service, a keepsake complimentary photo, a bottle of sparkling wine in room and tropical fruits dipped in chocolate. Book by January 15, 2014 on http://www.sunsetatthepalms.com/offers with promotional code: RMCE2014. Rates start at \$211 per person per night based on double occurance with a five-night minimum stavin a Tree Top Deluve room. Pates also include room taxes

based on double occupancy with a five-night minimum stay in a Tree Top Deluxe room. Rates also include room taxes, gratuity and round trip airport transfers.

Doctors Cave Beach Hotel is offering a Romantic Weekend Getaway. Get up to 35 percent off for a weekend of romance at the quiet and serene Doctors Cave Beach Hotel in Montego Bay, Jamaica, just a step away from world-famous Doctor's Cave Beach. Book by January 31, 2014 for stays between February 13th and February 18th, 2014. Rates start at \$103 per night per room (based on double occupancy). Taxes and service charge are not included in this rate. Book at http://www.doctorscave.com.

Hotel Mockingbird Hill will treat couples to a truly decadent "Romantic Interlude Retreat." Book at http://www.hotelmockingbirdhill.com/latest-offers-packages/romantic-interlude-retreat/ for travel starting January 6, 2014 for four nights with full breakfast and three-course a la carte dinner starting at \$1,145.00 per person. Also included in the Deluxe Room offer is a bottle of sparkling wine, special floral arrangements in the room, Rafting down the Rio Grande, a "Love" cake and fruit plate and a daily cocktail at happy hour.