

Usain Bolt reaches out to Asafa

Double world record holder, Jamaica's Usain Bolt, has reached out to sprinter Asafa Powell after his disappointing run at the just-ended National Trials to select Jamaica's team to the World Championships in Moscow in August.

Powell failed to make the Jamaican squad after being placed seventh in 10.22 in the 100m final.

He later told The Gleaner that he was tired and could not make it through the rounds.

"It is very frustrating to know that I didn't get to finish in the top three," Powell also said. "But that is how it goes, I have to just work on it and try and come back."

READ: It's very frustrating, says Asafa after national trials flop

And in a message on Twitter, Bolt sought to encourage his colleague.

"Don't give up bro.. Keep the faith.. @officialasafa," Bolt tweeted.

Bolt also sought to console hurdler Hansle Parchment who was unable to compete because of an injury he sustained during warm up for the final.

"Injuries are such a.. Sigh. Can't use the word I want to use on Sunday.. Can't imagine your pain bro.. Keep your head up @HansleParchment," he said.

READ: Parchment awaiting tests results after ankle injury

Bolt continued: "Believe me I know the pain of injuries..days like these I give even more thanks for my blessings.. God u made all this possible #grateful." Source: Jamaica Gleaner