

Blake plots Worlds invasion

Despite experiencing a six-week early season setback caused by a hamstring injury, World Champion Yohan Blake believes that 2013 could yet be the season he starts his own legacy.

"My legacy begins this year," The 23-year-old told Sweden's Sveriges Television via its SVT Play online service <http://www.svtplay.se>. The sprinter made his mark on the world stage after capturing the 2011 World Championship 100m title. It is a crown the sprinter has made it clear that he does not intend to relinquish come this summer.

"The big goal of this season is to retain my title and get three gold medals at the World Championships. I said to myself, I am going to be an alien this year because I'm going to invade. I want to take over the world," Blake said. Blake has in many ways, been in the shadow of more celebrated teammate Usain Bolt, the world record holder over both the 100m and 200m distances. In fact, Bolt false started in the 2011 final and went on to subsequently beat Blake over both distances at the Olympic Games in London last summer. The young sprinter, however, has no problem with the relationship of the athletes, both trained at the Glen Mill-run Racers Track Club and believes the relationship to be beneficial. "It's good, it pushes you to even run faster," Blake said. "It's always good to have someone beside you that is always pushing you. It's not frustrating." Blake's immediate target is to retain the 100m title in Moscow, but has no doubt that he can go on to be one of the greatest in the history of the sport. "When you retain your title to be a World Champion again, I think that will be a great season," Blake said. "I can be more than historic because I know what I can do when I am in training. I 've been training, I feel myself, I push myself and I know what I can do. So I can be more than historic, they will have to create another word."