

## Earthquake Tips

The ODPEM implores all Jamaicans to take the following precautions should an earthquake occur.

What to do before an earthquake: Always have on hand emergency kits. Practice earthquake drills at schools, homes and offices. Look around your school, home and offices for things that could fall and injure you. What to do during an earthquake: Be calm. If you are inside, stay there. Get under heavy furniture such as a sturdy desk or table. Do not rush to exits. If you are outside, stay there. Avoid the hazards, which could cause injury. If you are in a vehicle, drive away from bridges and stop in the safest place possible. What to do after an earthquake: Evacuate the building immediately after the shaking stops. Be prepared for additional aftershocks. Listen to the radio and follow emergency instructions. Remember, earthquakes cannot be predicted therefore our vulnerability to earthquakes is always imminent. Preparation is the key.